

- **Powerful Anti-Inflammatory\***
- **Antioxidant Support\***



FAST ACTING LIQUID SOFTGELS  
WITH RAPID RELEASE TECHNOLOGY  
FOR SUPERIOR ABSORPTION



FEATURES CURCUMIN C3®- THE MOST  
CLINICALLY STUDIED TURMERIC  
CURCUMIN EXTRACT IN THE WORLD



FORMULATED WITH BIOPERINE® FOR  
ADDED BIO-AVAILABILITY & ENHANCED  
CURCUMIN ABSORPTION\*



GMO FREE & FORMULATED WITHOUT  
ARTIFICIAL INGREDIENTS, GLUTEN,  
PRESERVATIVES, SOY OR STEARATES



Made in the USA Please Recycle

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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(310) 519-1484 | (800) 633-9308

**WWW.SRCFIT.COM**



**SPORTSRESEARCH**  
BALANCED BODY FITNESS

# C3 COMPLEX® TURMERIC CURCUMIN

STANDARDIZED 95% CURCUMINOIDS



**500**MG

**120 LIQUID  
SOFTGELS**

DIETARY SUPPLEMENT | ANTI-INFLAMMATORY\*

**SUGGESTED USE:** As a Dietary Supplement  
take 1 to 3 Liquid Softgels daily with a meal.

## Supplement Facts

Serving Size: 1 Liquid Softgel

Servings per Container: 120

	Amount Per Serving
<b>Curcumin C3® Complex</b> Turmeric Standardized Extract ( <i>Curcuma longa</i> [root] extract standardized to contain 95% Curcuminoids)	500 mg†
Total Curcuminoids – 95%	475 mg†
Bisdemethoxycurcumin – 2.5% to 6.5%	
Demethoxycurcumin – 15% to 25%	
Curcumin – 70% to 80%	
<b>BioPerine®</b> Black Pepper Extract ( <i>Piper nigrum</i> [fruit] standardized to contain 95% Piperine)	2.5 mg†

†Daily Value not established.

**Other Ingredients:** Kosher Gelatin, Kosher Vegetable Glycerin, Purified Water, GMO Free High Oleic Safflower Oil, Organic Yellow Beeswax.

**Curcumin C3®** is a registered trademark of Sabinsa Corporation.  
**BioPerine®** is a registered trademark of Sabinsa Corporation.

**USAGE WARNINGS:** KEEP OUT OF REACH OF CHILDREN AND PETS. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Store at room temperature, tightly closed. Avoid excessive heat.



**Sports Research Turmeric Curcumin** contains C3 Complex® – a patented form of curcumin shown to provide anti-inflammatory and antioxidant benefits. Each softgel is standardized to 95% curcuminoids with organic coconut oil and BioPerine® (black pepper), for enhanced bioavailability.\*

- **Powerful Anti-Inflammatory\***
- **Non-GMO & Gluten Free**
- **Antioxidant Support\***



### Satisfaction Guarantee

We offer a full refund on the purchase price of your order (minus shipping) within 90 days of purchase.

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LA04-W2 PLEASE RECYCLE



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# C3 complex® turmeric curcumin

standardized 95% curcuminoids



made with  
**BIOPERINE®**  
formulated with  
coconut oil

**500** MG | **120**  
SOFTGELS

DIETARY SUPPLEMENT



**SUGGESTED USE:** As a Dietary Supplement adults take 1 to 3 Liquid Softgel(s) per day with a meal or as directed by a healthcare professional.

### Supplement Facts

Serving Size: 1 Liquid Softgel  
Servings per Container: 120

	Amount Per Serving	%DV
<b>Curcumin C3®</b> Complex Turmeric Standardized Extract ( <i>Curcuma longa</i> [root] extract)	500mg	†
Total Curcuminoids – 95%	475mg	†
<b>BioPerine®</b> Black Pepper Extract ( <i>Piper nigrum</i> [fruit] standardized to contain 95% Piperine)	5mg	†

† Daily Value not established.

**OTHER INGREDIENTS:** Organic Extra Virgin Coconut Oil, Organic Yellow Beeswax, Softgel Capsule (kosher gelatin, kosher vegetable glycerin, purified water).

**CURCUMIN C3®** is a registered trademark of Sabinsa Corporation.

**BIOPERINE®** is a registered trademark of Sabinsa Corporation.

**THIS PRODUCT DOES NOT CONTAIN:** Gluten, dairy, egg, peanut, fish, soy, shellfish, wheat, yeast, fillers, binders, preservatives, artificial ingredients or magnesium stearate.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**USAGE WARNINGS:** Keep out of reach of children and pets. Do not use if safety seal is damaged or missing.

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Store at room temperature, tightly closed.

**Sports Research™ Turmeric Curcumin** contains C3 Complex® – a patented form of curcumin shown to provide anti-inflammatory and antioxidant benefits. Each softgel is standardized to 95% curcuminoids with organic coconut oil and BioPerine® (black pepper).\*

- **Inflammation & Joint Health\***
- **Non-GMO & Gluten Free**
- **Formulated With Coconut Oil**

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## Satisfaction Guarantee

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L404-V3 PLEASE RECYCLE



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# C3 complex® turmeric curcumin

standardized 95% curcuminoids



made with  
**BIOPERINE®**  
formulated with  
coconut oil

**500** MG

**120**  
SOFTGELS

DIETARY SUPPLEMENT



**SUGGESTED USE:** As a Dietary Supplement, adults take 1 to 3 Liquid Softgel(s) per day with a meal or as directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Liquid Softgel  
Servings Per Container: 120

	Amount Per Serving	%DV
<b>Curcumin C3® Complex Turmeric Standardized Extract (<i>Curcuma longa</i> [root] extract)</b>	500mg	†
Total Curcuminoids – 95%	475mg	†
<b>BioPerine® Black Pepper Extract (<i>Piper nigrum</i> [fruit] standardized to contain 95% Piperine)</b>	5mg	†

† Daily Value not established.

**OTHER INGREDIENTS:** Organic Extra Virgin Coconut Oil, Organic Yellow Beeswax, Softgel Capsule (kosher gelatin, kosher vegetable glycerin, purified water).

**CURCUMIN C3®** is a registered trademark of Sabinsa Corporation.

**BIOPERINE®** is a registered trademark of Sabinsa Corporation.

**THIS PRODUCT DOES NOT CONTAIN:** Gluten, dairy, egg, peanut, fish, soy, shellfish, wheat, yeast, fillers, binders, preservatives, artificial ingredients or magnesium stearate.

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**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Store at room temperature, tightly closed.

**Sports Research™ Turmeric Curcumin** contains C3 Complex® – a patented form of curcumin shown to provide anti-inflammatory and antioxidant benefits.\* Each softgel is standardized to 95% curcuminoids with organic coconut oil and BioPerine® (black pepper).

- **Inflammation & Joint Health\***
- **Non-GMO & Gluten Free**
- **Formulated With Coconut Oil**

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# C3 complex® turmeric curcumin

standardized 95% curcuminoids



made with

**BIOPERINE®**  
formulated with  
coconut oil

**500** MG

**120**  
SOFTGELS

DIETARY SUPPLEMENT



**SUGGESTED USE:** As a Dietary Supplement, adults take 1 to 3 Liquid Softgel(s) per day with a meal or as directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Liquid Softgel  
Servings Per Container: 120

	Amount Per Serving	%DV
Curcumin C3® Complex Turmeric Standardized Extract ( <i>Curcuma longa</i> [root] extract)	500mg	†
Total Curcuminoids – 95%	475mg	†
BioPerine® Black Pepper Extract ( <i>Piper nigrum</i> [fruit] standardized to contain 95% Piperine)	5mg	†

† Daily Value not established.

**OTHER INGREDIENTS:** Organic Extra Virgin Coconut Oil, Organic Yellow Beeswax, Softgel Capsule (kosher gelatin, kosher vegetable glycerin, purified water).

**CURCUMIN C3®** is a registered trademark of Sabinsa Corporation.

**BIOPERINE®** is a registered trademark of Sabinsa Corporation.

**THIS PRODUCT DOES NOT CONTAIN:** Gluten, dairy, egg, peanut, fish, soy, shellfish, wheat, yeast, fillers, binders, preservatives, artificial ingredients or magnesium stearate.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

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- **Powerful Anti-Inflammatory\***
- **Antioxidant Support\***



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# C3 COMPLEX® TURMERIC CURCUMIN

STANDARDIZED 95% CURCUMINOIDS



**500**MG

**60 LIQUID  
SOFTGELS**

DIETARY SUPPLEMENT | WITH COCONUT OIL

**SUGGESTED USE:** As a Dietary Supplement  
take 1 to 3 Liquid Softgels daily with a meal.

## Supplement Facts

Serving Size: 1 Liquid Softgel  
Servings per Container: 60

	Amount Per Serving
<b>Curcumin C3®</b> Complex Turmeric Standardized Extract ( <i>Curcuma longa</i> [root] extract standard- ized to contain 95% Curcuminoids)	500 mg†
Total Curcuminoids – 95%	475 mg†
Curcumin – 70% to 80%	
<b>BioPerine®</b> Black Pepper Extract ( <i>Piper nigrum</i> [fruit] standardized to contain 95% Piperine)	2.5 mg†

†Daily Value not established.

**Other Ingredients:** Organic Extra Virgin Coconut Oil,  
Organic Yellow Beeswax, Softgel Capsule (kosher  
gelatin, kosher vegetable glycerin, purified water).

**Curcumin C3®** is a registered trademark of Sabinsa Corporation.  
**BioPerine®** is a registered trademark of Sabinsa Corporation.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**USAGE WARNINGS:** KEEP OUT OF REACH OF CHILDREN AND  
PETS. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

Check with your doctor before using this product, especially if you  
are pregnant, nursing, have existing medical conditions or are taking  
prescription medications. Do not exceed recommended daily intake.  
Store at room temperature, tightly closed. Avoid excessive heat.

**Sports Research Turmeric Curcumin** contains C3 Complex® – a patented form of curcumin shown to provide anti-inflammatory and antioxidant benefits. Each softgel is standardized to 95% curcuminoids with organic coconut oil and BioPerine® (black pepper), for enhanced bioavailability.\*

- **Powerful Anti-Inflammatory\***
- **Non-GMO & Gluten Free**
- **Antioxidant Support\***



### Satisfaction Guarantee

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# C3 complex® turmeric curcumin

standardized 95% curcuminoids



made with  
**BIOPERINE®**  
formulated with  
coconut oil

**500** MG

**60**  
SOFTGELS

DIETARY SUPPLEMENT



**SUGGESTED USE:** As a Dietary Supplement adults take 1 to 3 Liquid Softgel(s) per day with a meal or as directed by a healthcare professional.

### Supplement Facts

Serving Size: 1 Liquid Softgel  
Servings per Container: 60

	Amount Per Serving	%DV
<b>Curcumin C3® Complex Turmeric</b>	500mg	†
Standardized Extract ( <i>Curcuma longa</i> [root] extract)		
Total Curcuminoids – 95%	475mg	†
<b>BioPerine® Black Pepper Extract</b>	5mg	†
( <i>Piper nigrum</i> [fruit] standardized to contain 95% Piperine)		

† Daily Value not established.

**OTHER INGREDIENTS:** Organic Extra Virgin Coconut Oil, Organic Yellow Beeswax, Softgel Capsule (kosher gelatin, kosher vegetable glycerin, purified water).

**CURCUMIN C3®** is a registered trademark of Sabinsa Corporation.

**BIOPERINE®** is a registered trademark of Sabinsa Corporation.

**THIS PRODUCT DOES NOT CONTAIN:** Gluten, dairy, egg, peanut, fish, soy, shellfish, wheat, yeast, fillers, binders, preservatives, artificial ingredients or magnesium stearate.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**USAGE WARNINGS:** Keep out of reach of children and pets. Do not use if safety seal is damaged or missing.

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Store at room temperature, tightly closed.



**Sports Research™ Turmeric Curcumin** contains C3 Complex® – a patented form of curcumin shown to provide anti-inflammatory and antioxidant benefits. Each softgel is standardized to 95% curcuminoids with organic coconut oil and BioPerine® (black pepper), for enhanced bioavailability.\*

- **Inflammation & Joint Health\***
- **Enhanced Bioavailability**
- **Non-GMO & Gluten Free**

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# C3 complex® turmeric curcumin

standardized 95% curcuminoids



made with

**BIOPERINE®**  
formulated with  
coconut oil

**500** MG

**60**  
SOFTGELS

DIETARY SUPPLEMENT



**SUGGESTED USE:** As a Dietary Supplement adults take 1 to 3 Liquid Softgel(s) per day with a meal or as directed by a healthcare professional.

### Supplement Facts

Serving Size: 1 Liquid Softgel  
Servings per Container: 60

	Amount Per Serving	%DV
<b>Curcumin C3® Complex</b> Turmeric Standardized Extract ( <i>Curcuma longa</i> [root] extract)	500mg	†
Total Curcuminoids – 95%	475mg	†
<b>BioPerine®</b> Black Pepper Extract ( <i>Piper nigrum</i> [fruit] standardized to contain 95% Piperine)	5mg	†

† Daily Value not established.

**OTHER INGREDIENTS:** Organic Extra Virgin Coconut Oil, Organic Yellow Beeswax, Softgel Capsule (kosher gelatin, kosher vegetable glycerin, purified water).

**CURCUMIN C3®** is a registered trademark of Sabinsa Corporation.

**BIOPERINE®** is a registered trademark of Sabinsa Corporation.

**THIS PRODUCT DOES NOT CONTAIN:** Gluten, dairy, egg, peanut, fish, soy, shellfish, wheat, yeast, fillers, binders, preservatives, artificial ingredients or magnesium stearate.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**USAGE WARNINGS:** Keep out of reach of children and pets. Do not use if safety seal is damaged or missing.

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Store at room temperature, tightly closed.

**Sports Research™ Turmeric Curcumin** contains **C3 Complex®** – a patented form of curcumin (standardized to 95% curcuminoids) shown to support healthy inflammatory processes and provide antioxidant benefits. Each softgel also contains virgin coconut oil plus BioPerine® (black pepper extract), which may assist with bioavailability.\*

- **Supports Healthy Inflammatory Processes\***
- **Non-GMO and Gluten-Free**
- **Formulated with Virgin Coconut Oil**

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# C3 complex® turmeric curcumin

standardized 95% curcuminoids



made with  
**BIOPERINE®**  
formulated with  
coconut oil

**500** MG

**60**  
SOFTGELS

DIETARY SUPPLEMENT



**SUGGESTED USE:** As a Dietary Supplement, healthy adults take 1-3 Liquid Veggie Softgels daily with meals. Best when taken as directed by a qualified healthcare professional.

## Supplement Facts

Serving Size: 1 Liquid Softgel  
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Turmeric ( <i>Curcuma longa</i> ) Extract (rhizome) (Curcumin C3® Complex) Standardized to 95% Curcuminoids	500 mg	†
Black Pepper ( <i>Piper nigrum</i> ) Extract (fruit) (BioPerine®) Standardized to 95% Piperine	5 mg	†

† Daily Value not established.

**OTHER INGREDIENTS:** Organic Virgin Coconut Oil, Organic Yellow Beeswax, Softgel Capsule (Kosher Gelatin, Kosher Vegetable Glycerin, Purified Water).

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**CURCUMIN C3® and BIOPERINE®** are registered trademarks of Sabinsa Corporation.

**NOT MANUFACTURED WITH:** Milk, Eggs, Fish, Crustacean Shellfish, Peanuts, Wheat, Soy or Gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

**CAUTION: KEEP OUT OF REACH OF CHILDREN AND PETS.** Consult with a qualified healthcare professional prior to using this product, especially if you are pregnant, nursing, have diagnosed medical conditions, or are taking prescription medications. Do not exceed recommended daily intake. Do not use if safety seal is damaged or missing. Store in a cool (<77°F), dry place. Do not expose product to excessive light, heat or moisture.





# MCT OIL

MEDIUM CHAIN TRIGLYCERIDES

BRAIN + BODY  
**FUEL\***



100% NON-GMO  
**COCONUTS**

BLENDS WITH COFFEE & SHAKES

UNFLAVORED

VEGAN ■ DAIRY & GLUTEN FREE ■ KETO



DIETARY SUPPLEMENT ■ NET 0.5 FL OZ (15 ML)

Fold

**SUGGESTED USE:** As a Dietary Supplement, healthy adults begin by using 1 packet (15 mL) daily. May consume up to 3 packets per day. Excessive consumption may cause digestive discomfort.

## Supplement Facts

Serving Size: 1 Packet (15mL)

	Amount Per Serving	% Daily Value
<b>Calories</b>	130	
<b>Total Fat</b>	14 g	18%**
Saturated Fat	14 g	70%**

**Medium Chain Triglycerides 13.5 g** †  
[from 100% coconut (*Cocos nucifera*) oil]

Typical fatty acid composition, as TG:

Caprylic Acid (C8:0) 5.65 g<sup>▲</sup>

Capric Acid (C10:0) 3.7 g<sup>▲</sup>

Lauric Acid (C12:0) 4.0 g<sup>▲</sup>

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**INGREDIENT:** Pure MCT Oil from Non-GMO Verified Coconut Oil.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**USAGE WARNING:** See Unit Carton for more info.

**CAUTION: KEEP OUT OF REACH OF CHILDREN AND PETS.**

Consult with a qualified healthcare professional prior to using this product, especially if you are pregnant, nursing, have diagnosed medical conditions, or are taking prescription medications. Do not exceed recommended daily intake. Do not use if individually sealed packet is damaged or punctured. Not recommended for use in frying due to relatively low smoke point.

**STORAGE INFORMATION:** Store in a cool (<77°F), dry place. Do not expose product to excessive heat or moisture.

**Refrigeration not required.**

▲ Natural variations may occur.

Product of Philippines. Packaged and Quality Tested in the USA.

\*These statements have not been evaluated by the Food and Drug Administration. This product not intended to diagnose, treat, cure, or prevent any disease.

LS38-V1-04/18



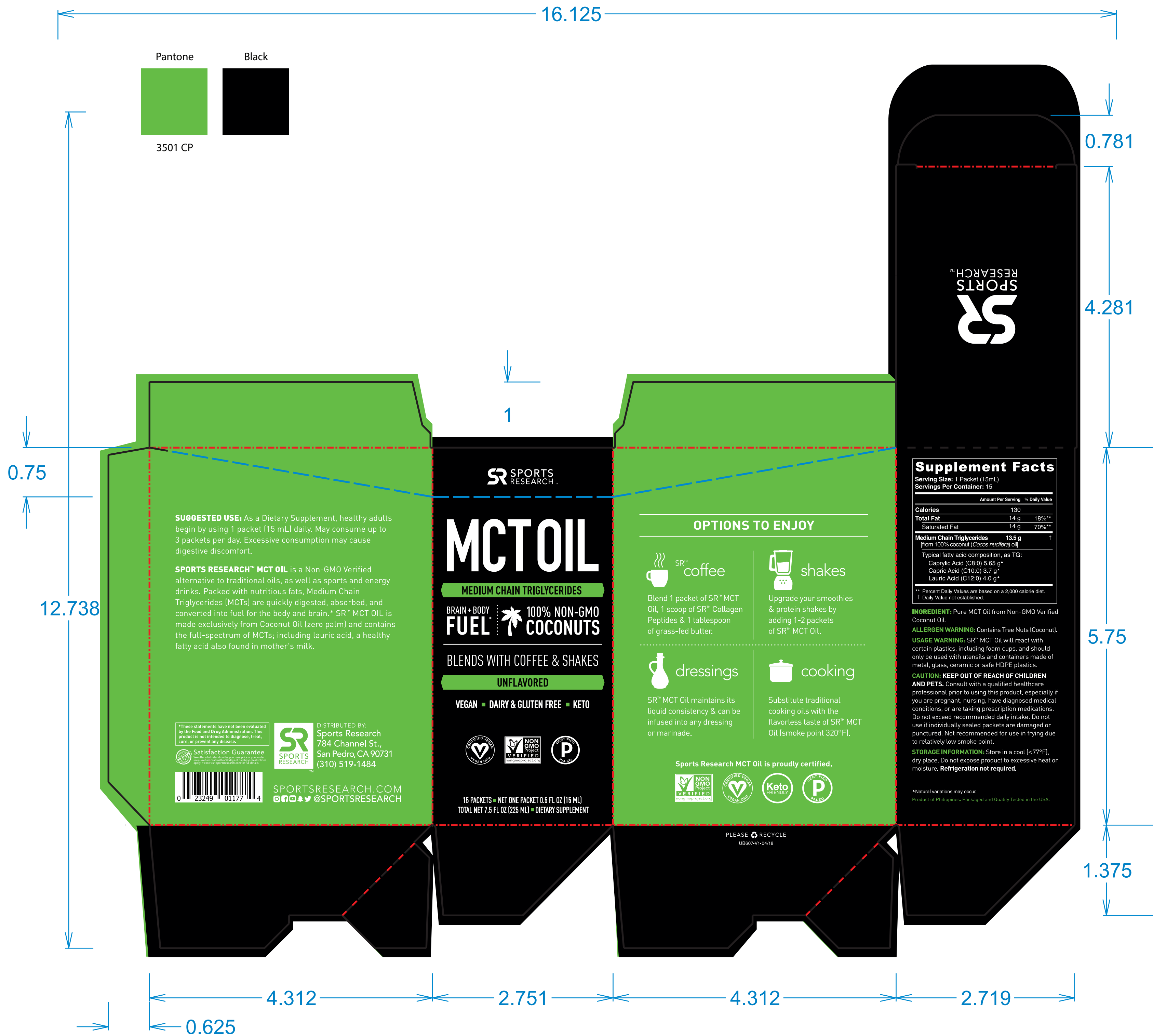
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Fold





**SPORTS RESEARCH™ MCT OIL** is a Non-GMO Verified alternative to traditional oils, as well as sports and energy drinks. Packed with nutritious fats, Medium Chain Triglycerides (MCTs) are quickly digested, absorbed, and converted into fuel for the body and brain.\* SR™ MCT OIL is made from only Coconut Oil and contains the full spectrum of MCTs; including lauric acid, a powerful fat also found in mother's milk.\*

**OPTIONS TO ENJOY**

 **SR™ coffee**  
Blend 1 tablespoon of MCT Oil, 1 scoop SR™ Collagen Peptides, & 1 tablespoon of grassfed butter.

 **shakes**  
Upgrade your smoothies & protein shakes by adding 1-2 tablespoons of SR™ MCT Oil.

 **dressings**  
SR™ MCT Oil maintains its liquid consistency & can be infused into any dressing or marinade.

 **cooking**  
Substitute traditional cooking oils with the flavorless taste of SR™ MCT Oil (smoke point 320°F).



**Satisfaction Guarantee**

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# MCT OIL

**MEDIUM CHAIN TRIGLYCERIDES**

BRAIN + BODY  
**FUEL**\*



**100% NON-GMO COCONUTS**

**BLENDS WITH COFFEE & SHAKES**

**UNFLAVORED**

VEGAN ■ GLUTEN & DAIRY FREE ■ KETO

DIETARY SUPPLEMENT ■ NET WT. 128 FL OZ (3784 ML)

## Supplement Facts

**Serving Size:** 1 Tablespoon (15ml)  
**Servings Per Container:** 252

	Amount Per Serving	% Daily Value
<b>Calories</b>	130	
<b>Total Fat</b>	14 g	18%**
Saturated Fat	14 g	70%**

**Medium Chain Triglycerides (MCTs) 12.7 g**  
[from 100% coconut (Cocos nucifera) oil]

Typical fatty acid composition:  
Caprylic Acid (C8:0) 4,800 mg\*  
Capric Acid (C10:0) 3,900 mg\*  
Lauric Acid (C12:0) 4,000 mg\*

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.  
▲ Natural variation may occur.

**INGREDIENTS:** Pure MCT Oil from Non-GMO Verified Coconut Oil.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**SUGGESTED USE:** As a Dietary Supplement, begin by using 1 tablespoon (15 ml) per day until personal tolerance is reached, as excessive consumption may cause digestive discomfort. May consume up to 3 tablespoons per day.

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions, or are taking prescription medications. Do not exceed recommended daily intake. Not recommended for use in frying due to relatively low smoke point.

**STORAGE INFORMATION:** Keep out of reach of children and pets. Do not use if safety seal is damaged or missing. Store in a cool (<77 °F), dry place. No refrigeration required.

Sports Research MCT Oil is proudly certified.

Product of Philippines.



**SPORTS RESEARCH™ MCT OIL** is a Non-GMO Verified alternative to traditional oils, energy and sports drinks. Packed with nutritious fats, MCTs are absorbed directly from the gut to the liver, where they are burned quickly for energy.\* SR™ MCT Oil is made with organic coconuts (never palm oil) and contains the full spectrum of Medium Chain Triglycerides, including Lauric acid; a powerful fat also found in mother's milk.\*

### OPTIONS TO ENJOY



SR™ coffee

Blend 1 tbsp. of MCT Oil, 1 scoop SR™ Collagen Peptides, and 1 tbsp. of grassfed butter.



shakes

Upgrade your smoothies and protein shakes by adding 1-2 tablespoons of MCT Oil.



dressings

MCT Oil maintains its liquid consistency and can be infused into any dressing or marinade.



cooking

Substitute traditional cooking oils with the flavorless taste of MCT Oil (smoke point 320°F).

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



#### Satisfaction Guarantee

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@SPORTSRESEARCH



SUSTAINABLY SOURCED

# MCT OIL

MADE FROM NON-GMO COCONUTS

BLENDING GREAT WITH  
**COFFEE & SHAKES**

PACKED WITH  
**BENEFICIAL FATS\***

SUSTAINED & NATURAL  
**ENERGY\***

ODORLESS UNFLAVORED  
16 FL OZ (473mL) • DIETARY SUPPLEMENT

**SUGGESTED USE:** As a Dietary Supplement, adults begin by using 1 tablespoon (15 ml) per day until personal tolerance is reached, as excessive consumption may cause digestive discomfort. May consume up to 3 tablespoons per day.

## Supplement Facts

Serving Size: 1 Tablespoon (15ml)  
Servings Per Container: 31

	Amount Per Serving	% Daily Value
<b>Calories</b>	130	
<b>Total Fat</b>	14 g	18%**
<b>Saturated Fat</b>	14 g	70%**

**Medium Chain Triglycerides (MCTs)** 13.5 g †  
[from 100% coconut (*Cocos nucifera*) oil]

Typical fatty acid composition:

Caprylic Acid (C8:0) 5,650 mg\*  
Capric Acid (C10:0) 3,700 mg\*  
Lauric Acid (C12:0) 4,000 mg\*

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.  
‡ Natural variation may occur.

**INGREDIENTS:** Pure MCT Oil from Non-GMO Verified Coconut Oil.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Not recommended for use in frying due to relatively low smoke point.

**STORAGE INFORMATION:** KEEP OUT OF REACH OF CHILDREN AND PETS. Do not use if safety seal is damaged or missing. Store in a cool (<77 °F), dry place. No refrigeration required.

Product of Philippines.



Sports Research MCT Oil is proudly certified.



**SPORTS RESEARCH™ MCT OIL** is a Non-GMO Verified alternative to traditional oils, energy and sports drinks. Packed with nutritious fats, MCTs are absorbed directly from the gut to the liver, where they are burned quickly for energy.\* SR™ MCT Oil is made with organic coconuts (never palm oil) and contains the full spectrum of Medium Chain Triglycerides, including Lauric acid; a powerful fat also found in mother's milk.\*

## OPTIONS TO ENJOY



SR™ coffee



shakes

Blend 1 tbsp. of MCT Oil, 1 scoop SR™ Collagen Peptides, and 1 tbsp. of grassfed butter.

Upgrade your smoothies and protein shakes by adding 1-2 tablespoons of MCT Oil.



dressings



cooking

MCT Oil maintains its liquid consistency and can be infused into any dressing or marinade.

Substitute traditional cooking oils with the flavorless taste of MCT Oil (smoke point 320°F).

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



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# SUSTAINABLY SOURCED MCT OIL MADE FROM NON-GMO COCONUTS

BLENDS GREAT WITH  
**COFFEE  
& SHAKES**

PACKED WITH  
**BENEFICIAL FATS\***

SUSTAINED & NATURAL  
**ENERGY\***

**SUGGESTED USE:** As a Dietary Supplement, adults begin by using 1 tablespoon (15 ml) per day until personal tolerance is reached, as excessive consumption may cause digestive discomfort. May consume up to 3 tablespoons per day.

## Supplement Facts

Serving Size: 1 Tablespoon (15ml)  
Servings Per Container: 31

	Amount Per Serving	% Daily Value
<b>Calories</b>	130	
<b>Total Fat</b>	14 g	18%**
Saturated Fat	14 g	70%**

**Medium Chain Triglycerides (MCTs)** 13.5 g<sup>†</sup>  
[from 100% coconut (*Cocos nucifera*) oil]

Typical fatty acid composition:

Caprylic Acid (C8:0) 5,650 mg<sup>‡</sup>  
Capric Acid (C10:0) 3,700 mg<sup>‡</sup>  
Lauric Acid (C12:0) 4,000 mg<sup>‡</sup>

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.  
‡ Natural variation may occur.

**INGREDIENTS:** Pure MCT Oil from Non-GMO Verified Coconut Oil.

**ALLERGEN WARNING:** Contains Tree Nuts [Coconut].

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Not recommended for use in frying due to relatively low smoke point.

**STORAGE INFORMATION:** KEEP OUT OF REACH OF CHILDREN AND PETS. Do not use if safety seal is damaged or missing. Store in a cool (<77 °F), dry place. No refrigeration required.

Product of Philippines.



Sports Research MCT Oil is proudly certified.



**ODORLESS UNFLAVORED**  
16 FL OZ (473mL) • DIETARY SUPPLEMENT

1818VZ PLEASE RECYCLE

**SPORTS RESEARCH™ MCT OIL** is a Non-GMO Verified alternative to traditional oils, as well as sports and energy drinks. Packed with nutritious fats, Medium Chain Triglycerides (MCTs) are quickly digested, absorbed, and converted into fuel for the body and brain.\* SR™ MCT OIL is made exclusively from Coconut Oil (zero palm) and contains the full-spectrum of MCTs, including lauric acid, a healthy fatty acid also found in mother's milk.

## OPTIONS TO ENJOY



Blend 1 tablespoon of MCT Oil, 1 scoop SR™ Collagen Peptides, & 1 tablespoon of grassfed butter.



Upgrade your smoothies & protein shakes by adding 1-2 tablespoons of SR™ MCT OIL.



dressings

SR™ MCT Oil maintains its liquid consistency & can be infused into any dressing or marinade.



cooking

Substitute traditional cooking oils with the flavorless taste of SR™ MCT Oil [Smoke point 320°F].

**STORAGE INFORMATION:** Store in a cool (<77°F), dry place. Do not expose product to excessive light, heat or moisture. **Refrigeration not required.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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**SR SPORTS RESEARCH™**

# MCT OIL

## MEDIUM CHAIN TRIGLYCERIDES

BRAIN + BODY  
**FUEL\***



100% NON-GMO  
**COCONUTS**

BLEND WITH COFFEE & SHAKES

## UNFLAVORED

VEGAN ■ DAIRY & GLUTEN FREE ■ KETO



**SUGGESTED USE:** As a Dietary Supplement, healthy adults begin by using 1 tablespoon (15 mL) daily. May consume up to 3 tablespoons per day. Excessive consumption may cause digestive discomfort.

## Supplement Facts

Serving Size: 1 Tablespoon (15mL)

Servings Per Container: About 31

	Amount Per Serving % Daily Value
<b>Calories</b>	130
<b>Total Fat</b>	14 g 18%**
Saturated Fat	14 g 70%**
<b>Medium Chain Triglycerides (MCTs)</b>	<b>13.5 g</b> †
<small>(from 100% coconut (Cocos nucifera) oil)</small>	
<small>Typical fatty acid composition, as TG:</small>	
Caprylic Acid (C8:0)	5.65 g *
Capric Acid (C10:0)	3.7 g *
Lauric Acid (C12:0)	4.0 g *

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**INGREDIENT:** Pure MCT Oil from Non-GMO Verified Coconut Oil.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**USAGE WARNING:** SR™ MCT Oil will react with certain plastics, including foam cups, and should only be used with utensils and containers made of metal, glass, ceramic or safe HDPE plastics.

**CAUTION: KEEP OUT OF REACH OF CHILDREN AND PETS.** Consult with a qualified healthcare professional prior to using this product, especially if you are pregnant, nursing, have diagnosed medical conditions, or are taking prescription medications. Do not exceed recommended daily intake. Do not use if seal is missing or damaged. Not recommended for use in frying due to relatively low smoke point.

▲ Natural variations may occur.

Product of Philippines.  
Packaged and Quality Tested in the USA.



Sports Research MCT Oil is proudly certified.



DIETARY SUPPLEMENT ■ 16 FL OZ (473 mL)



## Supplement Facts

Serving Size: Per 1 tablespoon (15 ml)  
Servings Per Container: Approximately 63

### Amount Per Serving

	Calories 125	Calories from Fat 125	
			% Daily Value*
<b>Total Fat</b>	14g		23%
Saturated Fat	14g		75%
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	0mg		0%
<b>Total Carbohydrate</b>	0g		0%
<b>Protein</b>	0g		0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower, depending on your caloric needs.



100% PURE & PREMIUM

# MCT OIL

 **MADE FROM ORGANIC COCONUTS**

GREAT FOR HEALTHY

 **WEIGHT MANAGEMENT**

 **PACKED WITH HEALTHY FATS**

 **SUSTAINED & NATURAL ENERGY**

**ODORLESS**  **UNFLAVORED**  
32 FL OZ (946ML) • DIETARY SUPPLEMENT

**Easily Digested • Rapidly Absorbed**

Sports Research MCT (Medium Chain Triglycerides) Oil is not only packed with healthy fats, but it also works directly in cells to give you an extra boost for maximizing your performance. Very little MCT Oil is stored as fat because it is used for energy so quickly. Made from 100% pure Organic Coconuts and contains the full spectrum of MCTs including Lauric Acid. †

**Smoothies:** Add MCT Oil to smoothies and juices for a long-lasting energy boost.

**Salads:** Substitute traditional oils with MCT Oil in your favorite salad dressings.

**Coffee:** Mix MCT Oil into your daily cup of coffee for sustained energy without the unwanted caffeine crash.

\* Not recommended for use in frying due to relatively low smoke point.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



VEGAN  
SAFE






BPA  
FREE



GMO  
FREE

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Product of  
Philippines





## Easily Digested • Rapidly Absorbed

Sports Research MCT (Medium Chain Triglycerides) Oil is not only packed with beneficial fats, but it also works directly in cells to give you an extra boost for maximizing your performance. Very little MCT Oil is stored as fat because it is used for energy through the ketosis process. Made from 100% pure Organic Coconuts and contains the full spectrum of MCTs including Lauric Acid, with no solvents.

**Smoothies:** Add MCT Oil to smoothies and juices for a long-lasting energy boost.

**Salads:** Substitute traditional oils with MCT Oil in your favorite salad dressings.

**Coffee:** Mix MCT Oil into your daily cup of coffee for sustained energy without the unwanted caffeine crash.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## Satisfaction Guarantee

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L4311V2

PLEASE RECYCLE



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## NATURALLY SOURCED

# MCT OIL

## 100% MADE FROM COCONUTS



MIXES GREAT WITH

## COFFEE & SHAKES



## PACKED WITH BENEFICIAL FATS\*



## SUSTAINED & NATURAL ENERGY\*

ODORLESS • UNFLAVORED  
32 FL OZ (946ML) • DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: Per 1 Tablespoon (15ml)

Servings Per Container: About 63

### Amount Per Serving

Calories	125	Calories from Fat	125
% Daily Value*			
Total Fat	14g		22%
Saturated Fat	14g		70%
Cholesterol	0mg		0%
Sodium	0mg		0%
Total Carbohydrate	0g		0%
Protein	0g		0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower, depending on your caloric needs.

**INGREDIENTS:** 100% solvent-free MCT Oil made from organic coconuts.

**SUGGESTED USE:** As a Dietary Supplement, begin by using 1 tablespoon (15 ml) per day until personal tolerance is reached, as excessive consumption may cause digestive discomfort. May consume up to 3 tablespoons per day.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**USAGE WARNINGS:** Not recommended for use in frying due to relatively low smoke point. Keep out of reach of children and pets. Do not use if safety seal is damaged or missing.

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Store at room temperature, tightly closed. Avoid excessive heat.

Product of Philippines.



Registered with  
the Vegan Society.



BPA FREE

## Easily Digested • Rapidly Absorbed

Sports Research MCT (Medium Chain Triglycerides) Oil is not only packed with beneficial fats, but it also works directly in cells to give you an extra boost for maximizing your performance. Very little MCT Oil is stored as fat because it is used for energy through the ketogenic process. Made from 100% pure Organic Coconuts and contains the full spectrum of MCTs including Lauric Acid, with no solvents.

**Smoothies:** Add MCT Oil to smoothies and juices for a long-lasting energy boost.\*

**Salads:** Substitute traditional oils with MCT Oil in your favorite salad dressings.

**Coffee:** Mix MCT Oil into your daily cup of coffee for sustained energy.\*

**Oil Pulling:** Start by swishing 1-2 tablespoons of MCT Oil in your mouth for 5 min, and gradually build up to 15-20 min. Discard the oil and immediately rinse your mouth out with warm water.

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100% NATURALLY SOURCED

# MCT OIL

MADE FROM ORGANIC COCONUTS



MIXES GREAT WITH

## COFFEE & SHAKES



## PACKED WITH BENEFICIAL FATS\*



## SUSTAINED & NATURAL ENERGY\*

ODORLESS • UNFLAVORED  
32 FL OZ (946mL) • DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Tablespoon (15mL)  
Servings Per Container: About 63

### Amount Per Serving

Calories	125	Calories from Fat	125
% Daily Value*			
Total Fat	14g		22%
Saturated Fat	14g		70%
Cholesterol	0mg		0%
Sodium	0mg		0%
Total Carbohydrate	0g		0%
Protein	0g		0%

### Medium Chain Triglycerides (MCTs)

C8:0 - Caprylic Acid	4,800mg *	†
C10:0 - Capric Acid	3,900mg *	†
C12:0 - Lauric Acid	4,000mg *	†

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.  
‡ Natural variation is expected.

**INGREDIENTS:** 100% solvent-free MCT Oil made from organic coconuts.

**SUGGESTED USE:** As a Dietary Supplement, begin by using 1 tablespoon (15 mL) per day until personal tolerance is reached, as excessive consumption may cause digestive discomfort. May consume up to 3 tablespoons per day.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**USAGE WARNINGS:** Not recommended for use in frying due to relatively low smoke point. Keep out of reach of children and pets. Do not use if safety seal is damaged or missing.

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Store at room temperature, tightly closed. Avoid excessive heat.

Product of Philippines.

Sports Research MCT Oil is proudly certified.



**SPORTS RESEARCH™ MCT OIL** is a Non-GMO Verified alternative to traditional oils, energy and sports drinks. Packed with nutritious fats, MCTs are absorbed directly from the gut to the liver, where they are burned quickly for energy. SR™ MCT Oil is made with organic coconuts (never palm oil) and contains the full spectrum of Medium Chain Triglycerides, including Lauric acid; a powerful fat also found in mother's milk.\*

## OPTIONS TO ENJOY



SR™ coffee

Blend 1 tbsp. of MCT Oil, 1 scoop SR™ Collagen Peptides, and 1 tbsp. of grassfed butter.



shakes

Upgrade your smoothies and protein shakes by adding 1-2 tablespoons of MCT Oil.



dressings

MCT Oil maintains its liquid consistency and can be infused into any dressing or marinade.



cooking

Substitute traditional cooking oils with the unaltered taste of MCT Oil (smoke point 320°F).

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



**Satisfaction Guarantee**

We offer a full refund on the purchase price of your order (minus return cost) within 30 days of purchase.



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# NATURALLY SOURCED MCT OIL MADE FROM 100% PURE COCONUTS

MIXES GREAT WITH  
**COFFEE  
& SHAKES**

PACKED WITH  
**BENEFICIAL FATS\***

SUSTAINED & NATURAL  
**ENERGY\***

**ODORLESS UNFLAVORED**  
32 FL OZ (946mL) • DIETARY SUPPLEMENT

**SUGGESTED USE:** As a Dietary Supplement, begin by using 1 tablespoon (15 ml) per day until personal tolerance is reached, as excessive consumption may cause digestive discomfort. May consume up to 3 tablespoons per day.

## Supplement Facts

Serving Size: 1 Tablespoon (15ml)  
Servings Per Container: About 63

### Amount Per Serving

Calories	125	Calories from Fat	125
% Daily Value*			
<b>Total Fat</b>	14g		22%
Saturated Fat	14g		70%
Trans Fat	0g		0%
Polysaturated Fat	0g		0%
Monounsaturated Fat	0g		0%

### Medium Chain Triglycerides (MCTs)

C8:0 - Caprylic Acid	4,800mg	†
C10:0 - Capric Acid	3,900mg	†
C12:0 - Lauric Acid	4,000mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

▲ Natural variation is expected.

**INGREDIENTS:** Pure MCT Oil from Non-GMO Verified Coconut Oil.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**USAGE WARNINGS:** Not recommended for use in frying due to relatively low smoke point. Keep out of reach of children and pets. Do not use if safety seal is damaged or missing. DO NOT REFRIGERATE.

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Store at room temperature, tightly closed. Avoid excessive heat.

Product of Philippines.



**Sports Research MCT Oil is proudly certified.**



**SPORTS RESEARCH™ MCT OIL** is a Non-GMO Verified alternative to traditional oils, energy and sports drinks. Packed with nutritious fats, MCTs are absorbed directly from the gut to the liver, where they are burned quickly for energy.\* SR™ MCT Oil is made with organic coconuts (never palm oil) and contains the full spectrum of Medium Chain Triglycerides, including Lauric acid; a powerful fat also found in mother's milk.\*

### OPTIONS TO ENJOY



SR™ coffee

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shakes

Upgrade your smoothies and protein shakes by adding 1-2 tablespoons of MCT Oil.



dressings

MCT Oil maintains its liquid consistency and can be infused into any dressing or marinade.



cooking

Substitute traditional cooking oils with the flavorless taste of MCT Oil (smoke point 320°F).

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



1431-V5 PLEASE RECYCLE



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**SUSTAINABLY SOURCED**

# MCT OIL



**MADE FROM NON-GMO COCONUTS**



BLENDERS GREAT WITH

**COFFEE & SHAKES**



**PACKED WITH BENEFICIAL FATS\***



SUSTAINED & NATURAL

**ENERGY\***

**ODORLESS UNFLAVORED**  
32 FL OZ (946mL) • DIETARY SUPPLEMENT

**SUGGESTED USE:** As a Dietary Supplement, begin by using 1 tablespoon (15 ml) per day until personal tolerance is reached, as excessive consumption may cause digestive discomfort. May consume up to 3 tablespoons per day.

### Supplement Facts

Serving Size: 1 Tablespoon (15ml)  
Servings Per Container: 63

	Amount Per Serving	% Daily Value
<b>Calories</b>	130	
<b>Total Fat</b>	14 g	18%**
Saturated Fat	14 g	70%**

**Medium Chain Triglycerides (MCTs)** 12.7 g  
[from 100% coconut (*Cocos nucifera*) oil]

Typical fatty acid composition:

Caprylic Acid (C8:0) 4,800 mg\*  
Capric Acid (C10:0) 3,900 mg\*  
Lauric Acid (C12:0) 4,000 mg\*

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.  
▲ Natural variation may occur.

**INGREDIENTS:** Pure MCT Oil from Non-GMO Verified Extra Virgin Coconut Oil.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Not recommended for use in frying due to relatively low smoke point.

**STORAGE INFORMATION:** KEEP OUT OF REACH OF CHILDREN AND PETS. Do not use if safety seal is damaged or missing. Store in a cool (<77 °F), dry place. No refrigeration required.

Product of Philippines.



**Sports Research MCT Oil is proudly certified.**





**SPORTS RESEARCH™ MCT OIL** is a Non-GMO Verified alternative to traditional oils, energy and sports drinks. Packed with nutritious fats, MCTs are absorbed directly from the gut to the liver, where they are burned quickly for energy.\* SR™ MCT Oil is made with coconuts (never palm oil) and contains the full spectrum of Medium Chain Triglycerides, including Lauric acid; a powerful fat also found in mother's milk.\*

### OPTIONS TO ENJOY



SR™ coffee



shakes

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Upgrade your smoothies and protein shakes by adding 1-2 tablespoons of MCT Oil.



dressings



cooking

MCT Oil maintains its liquid consistency and can be infused into any dressing or marinade.

Substitute traditional cooking oils with the flavorless taste of MCT Oil (smoke point 320°F).

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SUSTAINABLY SOURCED

# MCT OIL



MADE FROM NON-GMO  
COCONUTS

BLENDS GREAT WITH



COFFEE  
& SHAKES



PACKED WITH  
BENEFICIAL FATS\*



SUSTAINED & NATURAL  
ENERGY

ODORLESS UNFLAVORED  
32 FL OZ (946mL) • DIETARY SUPPLEMENT

**SUGGESTED USE:** As a Dietary Supplement, begin by using 1 tablespoon (15 ml) per day until personal tolerance is reached, as excessive consumption may cause digestive discomfort. May consume up to 3 tablespoons per day.

## Supplement Facts

Serving Size: 1 Tablespoon (15ml)

Servings Per Container: 63

	Amount Per Serving	% Daily Value
<b>Calories</b>	130	
<b>Total Fat</b>	14 g	18%**
Saturated Fat	14 g	70%**

**Medium Chain Triglycerides (MCTs)** 12.7 g †  
[from 100% coconut (Cocos nucifera) oil]

Typical fatty acid composition:

Caprylic Acid (C8:0) 4,800 mg\*

Capric Acid (C10:0) 3,900 mg\*

Lauric Acid (C12:0) 4,000 mg\*

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

▲ Natural variation may occur.

**INGREDIENTS:** Pure MCT Oil from Non-GMO Verified Extra Virgin Coconut Oil.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**CAUTION:** Check with your doctor before using this product, especially if you are pregnant, nursing, have existing medical conditions or are taking prescription medications. Do not exceed recommended daily intake. Not recommended for use in frying due to relatively low smoke point.

**STORAGE INFORMATION:** KEEP OUT OF REACH OF CHILDREN AND PETS. Do not use if safety seal is damaged or missing. Store in a cool (<77 °F), dry place. No refrigeration required.

Product of Philippines.



Sports Research MCT Oil is proudly certified.

**SPORTS RESEARCH™ MCT OIL** is a Non-GMO Verified alternative to traditional oils, as well as sports and energy drinks. Packed with nutritious fats, Medium Chain Triglycerides (MCTs) are quickly digested, absorbed, and converted into fuel for the body and brain.\* SR™ MCT OIL is made exclusively from Coconut Oil (zero palm) and contains the full-spectrum of MCTs; including lauric acid, a healthy fatty acid also found in mother's milk.

## OPTIONS TO ENJOY



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shakes

Upgrade your smoothies & protein shakes by adding 1-2 tablespoons of SR™ MCT Oil.



dressings

SR™ MCT Oil maintains its liquid consistency & can be infused into any dressing or marinade.



cooking

Substitute traditional cooking oils with the flavorless taste of SR™ MCT Oil (smoke point 320°F).

**STORAGE INFORMATION:** Store in a cool (<77°F), dry place. Do not expose product to excessive light, heat or moisture. **Refrigeration not required.**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



**Satisfaction Guarantee**

We offer a full refund on the purchase price of your order (minus return cost) within 90 days of purchase. Restrictions apply. Please visit [sportsresearch.com](https://sportsresearch.com) for full details.



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Sports Research  
784 Channel St.,  
San Pedro, CA 90731  
(310) 519-1484



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**SR SPORTS RESEARCH™**

# MCT OIL

**MEDIUM CHAIN TRIGLYCERIDES**

BRAIN + BODY  
**FUEL\***



**100% NON-GMO  
COCONUTS**

**BLENDS WITH COFFEE & SHAKES**

**UNFLAVORED**

**VEGAN ■ DAIRY & GLUTEN FREE ■ KETO**



DIETARY SUPPLEMENT ■ 32 FL OZ (946 ML)

**SUGGESTED USE:** As a Dietary Supplement, healthy adults begin by using 1 tablespoon (15 mL) daily. May consume up to 3 tablespoons per day. Excessive consumption may cause digestive discomfort.

## Supplement Facts

**Serving Size:** 1 Tablespoon (15mL)

**Servings Per Container:** About 63

	Amount Per Serving % Daily Value	
<b>Calories</b>	130	
<b>Total Fat</b>	14 g	18%**
Saturated Fat	14 g	70%**
<b>Medium Chain Triglycerides (MCTs)</b>	<b>13.5 g</b>	†
[from 100% coconut ( <i>Cocos nucifera</i> ) oil]		
Typical fatty acid composition, as TG:		
Caprylic Acid (C8:0)	5.65 g	▲
Capric Acid (C10:0)	3.7 g	▲
Lauric Acid (C12:0)	4.0 g	▲

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**INGREDIENT:** Pure MCT Oil from Non-GMO Verified Coconut Oil.

**ALLERGEN WARNING:** Contains Tree Nuts (Coconut).

**USAGE WARNING:** SR™ MCT Oil will react with certain plastics, including foam cups, and should only be used with utensils and containers made of metal, glass, ceramic or safe HDPE plastics.

**CAUTION: KEEP OUT OF REACH OF CHILDREN AND PETS.** Consult with a qualified healthcare professional prior to using this product, especially if you are pregnant, nursing, have diagnosed medical conditions, or are taking prescription medications. Do not exceed recommended daily intake. Do not use if seal is missing or damaged. Not recommended for use in frying due to relatively low smoke point.

▲ Natural variations may occur.

Product of Philippines.  
Packaged and Quality Tested in the USA.



**Sports Research MCT Oil is proudly certified.**



**SPORTS RESEARCH™ MCT OIL** is a Non-GMO Verified alternative to traditional oils, as well as sports and energy drinks. Packed with nutritious fats, Medium Chain Triglycerides (MCTs) are quickly digested, absorbed, and converted into fuel for the body and brain.\* SR™ MCT OIL is made exclusively from Coconut Oil (zero palm) and contains the full-spectrum of MCTs; including lauric acid, a healthy fatty acid also found in mother's milk.

## OPTIONS TO ENJOY



Blend 1 tbsp. of MCT Oil, 1 scoop SR™ Collagen Peptides, & 1 tablespoon of grass-fed butter.



Upgrade your smoothies & protein shakes by adding 1-2 tablespoons of SR™ MCT Oil.



SR™ MCT Oil maintains its liquid consistency & can be infused into any dressing or marinade.



Substitute traditional cooking oils with the flavorless taste of SR™ MCT Oil (smoke point 320°F).

### STORAGE INFORMATION:

Store in a cool (<77°F), dry place. Do not expose product to excessive light, heat or moisture. Refrigeration not required.



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